March 2025 Grab and Go Menu



DID YOU KNOW?

Eating a healthy breakfast can improve memory and listening skills. Don't miss out on your free school breakfast!



Grab & Go **Breakfast Meals**

Will Include:

Fresh. Dried or **Cupped Fruit and** 100% Juice

And Milk Choice

Low Fat White, Fat Free Chocolate, Fat Free Strawberry or Fat Free Skim

Monday

Tuesday

Wednesday

Thursday

Friday

NATIONAL SCHOOL BREAKFAST WEEK — MARCH 3-7

Glazed Pull-A-Parts

100% Fruit Juice Seasonal Fresh Fruit Choice of Milk

Cold Cereal Variety & Apple Cinn Bear Grahams

100% Fruit Juice Sun Sweet Dried Fruit Choice of Milk

Blueberry Muffin Flat & String Cheese Stick

100% Fruit Juice Seasonal Fresh Fruit Choice of Milk

Cold Cereal Variety & Dick & Jane **Farmers Market Crackers**

100% Fruit Juice **Orchard Cupped Fruit** Choice of Milk

Frosted Strawberry Pop Tart & **Yogurt Cup**

100% Fruit Juice Seasonal Fresh Fruit Choice of Milk

3

Ultra Cinnamon Bun

100% Fruit Juice Seasonal Fresh Fruit Choice of Milk

11 **Cold Cereal Variety &**

Apple Cinn Bear Grahams 100% Fruit Juice Sun Sweet Dried Fruit Choice of Milk

12

Strawberry Nutrigrain Bar & String Cheese Stick

100% Fruit Juice Seasonal Fresh Fruit Choice of Milk

13

Cold Cereal Variety & Dick & Jane **Farmers Market Crackers**

100% Fruit Juice Orchard Cupped Fruit Choice of Milk

14

Cocoa Chip Muffin Flat

Yogurt Cup 100% Fruit Juice Seasonal Fresh Fruit

Choice of Milk





24

Banana Bread Slice

100% Fruit Juice Seasonal Fresh Fruit Choice of Milk

25

Cold Cereal Variety & Apple Cinn Bear Grahams

100% Fruit Juice Sun Sweet Dried Fruit Choice of Milk

26

Frosted Cinnamon Pop-Tart & Trix Raspberry **Yogurt Cup**

100% Fruit Juice Seasonal Fresh Fruit Choice of Milk

27

Cold Cereal Variety & Dick & Jane **Farmers Market Crackers**

100% Fruit Juice Orchard Cupped Fruit Choice of Milk

28

Trix Cereal Bar & String Cheese Stick

100% Fruit Juice Seasonal Fresh Fruit Choice of Milk

31

Glazed Pull-A-Parts

100% Fruit Juice Seasonal Fresh Fruit Choice of Milk

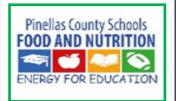


Menus are subject to change!

We do our best to provide our customers with all of our planned options, however occasionally weather, crops, and supplies have other ideas!

For Menu & Nutrition Information or to download the app on your device Visit MealViewer.com





calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or fax: (833) 256-1665 or (202) 690-7442; or email: program intake@usda.gov. This institution is an equal opportunity provider.